

# Suicide is **PERMANENT!**

It is **NOT** a solution to a temporary problem.

Suicide threats must be taken seriously.

## Be a positive influence. **Prevent suicide!**

- Be observant of behaviors
- Learn the warning signs
- Take time with the person
- Act with compassion
- Listen to understand
- Do not judge
- Share reasons to live
- Remove access to lethal means
- Stay with person until assistance arrives

For assistance, please contact

Converse County

**SUICIDE PREVENTION**

**HOTLINE**

**307-358-2846**

24 hours a day/7 days a week



If some one you know is at risk for  
suicide, please tell a trusted adult.

Don't be willing to keep secrets.

Silence can be deadly.

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