

# Behavioral Risk Factor Surveillance System (BRFSS)

## Diabetes Questions on the Core and Optional Modules

### Core BRFSS Module

#### Section 6: Diabetes

6.1 Have you ever been told by a doctor that you have diabetes?

If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”

If respondent says pre-diabetes or borderline diabetes, use response code 4.

(87)

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
  
- 9 Refused

### Optional Modules

#### Module 1: Pre-Diabetes

**NOTE: Only asked of those not responding “Yes” (code = 1) to Core Q6.1 (Diabetes awareness question).**

1. Have you had a test for high blood sugar or diabetes within the past three years?

(245)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**CATI note: If Core Q6.1 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 “Yes” (code = 1).**

2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”

(246)

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

## **Module 2: Diabetes**

**To be asked following Core Q6.1; if response is "Yes" (code = 1)**

1. How old were you when you were told you have diabetes?

(247-248)

\_\_ Code age in years [**97 = 97 and older**]

9 8 Don't know / Not sure

9 9 Refused

2. Are you now taking insulin?

(249)

1 Yes

2 No

9 Refused

3. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(250-252)

1 \_\_ Times per day

2 \_\_ Times per week

3 \_\_ Times per month

4 \_\_ Times per year

8 8 8 Never

7 7 7 Don't know / Not sure

9 9 9 Refused

4. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(253-255)

1 \_\_ Times per day

2 \_\_ Times per week

3 \_\_ Times per month

4 \_\_ Times per year

5 5 5 No feet

8 8 8 Never

7 7 7 Don't know / Not sure

9 9 9 Refused

5. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

(256-257)

\_\_ Number of times [**76 = 76 or more**]

8 8 None

7 7 Don't know / Not sure

9 9 Refused

6. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(258-259)

\_\_ Number of times [**76 = 76 or more**]

8 8 None

9 8 Never heard of "A one C" test

7 7 Don't know / Not sure

9 9 Refused 2010 BRFSS Questionnaire/Final/11.18. 2009 34

**CATI note: If Q4 = 555 (No feet), go to Q8.**

7. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(260-261)

\_\_ Number of times [**76 = 76 or more**]

8 8 None

7 7 Don't know / Not sure

9 9 Refused

8. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(262)

**Read only if necessary:**

1 Within the past month (anytime less than 1 month ago)

2 Within the past year (1 month but less than 12 months ago)

3 Within the past 2 years (1 year but less than 2 years ago)

4 2 or more years ago

**Do not read:**

7 Don't know / Not sure

Never

9 Refused

9. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(263)

1 Yes

2 No

7 Don't know / Not sure

9 Refused

10. Have you ever taken a course or class in how to manage your diabetes yourself?

(264)

1 Yes

2 No

7 Don't know / Not sure

9 Refused