

# Teen Ecstasy Abuse – Symptoms of Ecstasy Addiction – Side Effects of Teen Ecstasy Abuse

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## More Teen Ecstasy Abuse Topics

Ecstasy is a synthetic street drug called MDMA, short for methylenedioxymethamphetamine. Other names that are commonly used for ecstasy include X, clarity, XTC, Adam, Lover's Speed, E and beans. It is becoming more and more popular at teenage parties, known as raves. Ecstasy is known to be within many clubs these days, making it even more dangerous for underage teens that get in. It is important to speak with your child about teen ecstasy abuse. If you notice any warning signs that your teen may be [abusing the drug](#), you should heavily consider teen ecstasy rehab. In this article, you will learn how to:

- Identify the warning signs of teen ecstasy abuse
- Side effects of teen ecstasy use

## How to Identify a Teen Ecstasy Problem

The warning signs are always there when teenagers are in some type of trouble, we just have to know what to look for. If you're able to quickly spot these signs, chances of successful recovery at a [teen ecstasy rehab](#) will be greater. Some of the first signs of teen ecstasy abuse could include:

- Skipping class or school; make sure to match up their attendance record, if one class has more absences than another, make sure to check it out.
- Staying out extremely late; raves are known to occur late at night and last until the wee hours of the morning, so it is possible that your teenager was at a party that distributes ecstasy.
- Irritability; this can be from moderate to extreme the day after they use the drug.
- Wearing a baby pacifier made of candy, lollipops or candy necklaces. Club drugs sometimes cause the user to clench their teeth tightly, so these are used to help with discomfort.
- Insomnia or sleeping problems
- Hospital masks that are lined with menthol ointment; used to get a vapor rush
- Tiger balm usage for cramps
- Children vitamin containers, which are used to hide ecstasy pills.
- Bags of small tootsie rolls, which are warmed, unwrapped and have ecstasy pills pushed inside of them, then re-wrapped.

## Symptoms and Side Effects of Adolescent Ecstasy Abuse

The side effects of adolescent ecstasy abuse can be very detrimental to the [health of your child](#). In some cases, overdose can occur, which can sometimes be fatal. Some of the symptoms and side effects of teen ecstasy abuse are:

- Mental issues, such as depression, confusion, sleep problems, drug cravings, extreme anxiety, paranoia and potential psychotic episodes.
- Physical issues, such as involuntary teeth clenching, rapid eye movement, muscle tension, nausea, faintness and chills or sweating.
- Hyperthermia, which is increased body temperature, which can get worse by hot environments found at raves. This can later cause cardiovascular system, liver and kidney failure.
- High blood pressure and heart rate
- Hyponatremia, which is water intoxication. This is when an increased amount of sodium in the blood takes place.
- Memory impairment
- Rash

The number of adolescents taking ecstasy might [have gone down](#), but the drug remains a threat. It is important to get your adolescent to a teen ecstasy rehab center immediately if they are abusing the drug.

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